SATURDAY APRIL 4th, 2020



Traditional Forms • Point Fighting • Weapons

Upper Chichester Rec Center 8400 Furey Road, Aston, PA





SATURDAY APRIL 4th, 20



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INVITATION

2020 Delaware County Karate Championships

Dear Instructors and Friends:

I hope this letter finds you in good health and thriving in 2020. I would like to formally invite you and your students to the 39th Delaware County Karate Championships, which will be held on Saturday, April 4th. As in previous years, we are looking for the support of traditional instructors and schools in an effort to display traditional Martial Arts in the favorable light it deserves. This is a strictly invitational tournament.

This year's event will be held at the beautiful Upper Chichester Recreation Center: 8400 Furey Road, Aston, PA 19014. This venue allows us to run 10 rings simultaneously and expedites the event.

New this year, we will have two staggered start times. Young competitors ages 5-8 will compete starting promptly at 9 a.m. These divisions are encouraged to pre-register through amkoraston@gmail.com or register at the door promptly at 8:30 a.m. to be placed into rings at 8:50 a.m. ALL other competitors ages 9 through adult will start promptly at 11 a.m. as usual and will be called into rings starting at 10:30 a.m. Late competitors will not be permitted to enter the ring after their division starts.

We have included a list of the divisions with their corresponding ring assignments in this mailing, as well as on the back of the application forms that will be at the event. Please inform and instruct parents on how to locate the ring their child will be competing in so that they can find seating nearby. All spectators will be informed that they will not be allowed to stand around the rings or block the view of the rings for spectators that are seated.

All Masters and Instructors are encouraged to help us run the event in the fairest possible manner by helping us officiate the tournament. Our Tae Kwon Do, Okinawan & Japanese, American Goju, and unaffiliated Tang Soo Do and Soo Bahk Do guests are encouraged to call or email prior to the event to let me know the names of adult Black Belts from their school that are available to officiate on the day of the tournament. We will make every effort to give each school representation in the ring their students are competing in. An abbreviated rules sheet is enclosed.

Respectfully yours,

Frederick, C. o.

Tournament Director





SATURDAY APRIL 4th, 2020



Upper Chichester Rec Center 8400 Furey Road, Aston, PA



GENERAL INFORMATION

CHAMPIONSHIP DIRECTOR

Master Frederick Scott



(610) 494-1122



amkoraston@gmail.com

REGISTRATION

Registration: 8:30 a.m. to 11:00 a.m. ONLY! All AmKor Karate Institutes students should be pre-registered to ease registration for guest schools. Other schools may pre-register to avoid congestion at the registration table by emailing amkoraston@gmail.com.

COMPETITOR COST (Spectators are FREE!)

\$65.00 per competitor covers all three events (Forms, Fighting, and Weapons (black belts only). Competitors can only enter one division of any category.

START TIME • NEW START TIMES THIS YEAR

9 AM: 5, 6, 7, 8 year old competitors. Pre-registration encouraged, or register promptly at 8:30 AM to be called into rings at 8:50 AM and start at 9:00 AM sharp.

11 AM: All other competitors (9 year olds through adults) will be called into rings at 10:30 AM to start at 11:00 AM sharp.

IMPORTANT INFORMATION

All rings are pre-assigned and can be found on the back of the application form and in the program. A ring layout can be found in the tournament program. Report before start time!

AWARDS

Beautiful 1st Place Trophies and Medals.

DRESS CODE

The traditional uniform of your style. No T-shirts, fashion statements or jewelry allowed. All Officials must be in uniform.

PROTECTIVE EOUIPMENT

Mandatory Head, Hand, Foot, and Mouth protection. Mandatory Groin protection for male competitors. All protective gear must be FOAM-dipped vinyl. NO leather, taped equipment, boxing style gloves, or sneaker style footgear allowed. Soft foam shin guards may be worn under pants.

TOURNAMENT HOTEL

Route 202 & US Route 1, Concordville, PA 19331. Enjoy a full hot breakfast buffet, indoor pool, sauna, fitness room and more! All rooms feature microwave ovens, refrigerators, coffee maker, tv, and free wireless internet access.







Delaware County Karate Championships

DIVISION & RING ASSIGNMENTS

Divisions may be combined or split on the day of the event at the discretion of the Tournament Director.

Age	Forms/Weapons	Ring	Age	Freesparring	Ring
5-6	Grasshopper Beginner (White)	6	5-6	Grasshopper Beginner (White)	6
5-6	Grasshopper Novice (Orange/Yellow)	6	5-6	Grasshopper Novice (Orange/Yellow)	6
5-6	Grasshopper Intermediate (Green)	6	5-6	Grasshopper Intermediate (Green)	6
7-8	Mini Mite Beginner (White)	7	7-8	Mini Mite Beginner (White)	7
7-8	Mini Mite Novice (Orange/Yellow)	7	7-8	Mini Mite Novice (Orange/Yellow)	7
7-8	Mini Mite Intermediate (Green)	10	7-8	Mini Mite Intermediate (Green)	10
7-8	Mini Mite Advanced (Red/Brown)	7	7-8	Mini Mite Advanced (Red/Brown)	7
9-10	Mini Peewee Beginner (White)	1	9-10	Mini Peewee Beginner (White)	1
9-10	Mini Peewee Beginner (Writte) Mini Peewee Novice (Orange/Yellow)	1	9-10	Mini Peewee Beginner (Winte) Mini Peewee Novice (Orange/Yellow)	1
		4			
9-10	Mini Peewee Intermediate (Green)	3	9-10	Mini Peewee Intermediate (Green)	4 3
9-10	Mini Peewee Advanced (Red/Black)	7	9-10	Mini Peewee Advanced (Red/Black)	
11-12	Peewee Beginner (White/Orange)	7	11-12	Peewee Beginner (White/Orange)	7
11-12	Peewee Intermediate (Green)		11-12	Peewee Intermediate (Green)	
11-12	Peewee Advanced (Red/Brown)	5	11-12	Peewee Advanced (Red/Brown)	5
11-12	Peewee Black Belt	6	11-12	Peewee Black Belt	6
	Junior Beginner (White/Orange)	7		Junior Beginner (White/Orange)	7
	Junior Intermediate (Green)	7		Junior Intermediate (Green)	7
	Junior Advanced (Red/Brown)	9		Junior Girls Advanced (Red/Brown)	9
	Junior Black Belt	8		Junior Boys Advanced (Red/Brown)	9
15-17	Super Junior Beginner (White/Orange)	10		Junior Girls Black Belt	8
15-17	Super Junior Intermediate (Green)	10	13-14 Small 15	Junior Boys Black Belt	8
15-17	Super Junior Advanced (Red/Brown)	9	15-17	Super Junior Beginner (White/Orange)	10
15-17	Super Junior Black Belt	9	15-17	Super Junior Intermediate (Green)	10
18-34	Men Beginner (White- Green)	10	15-17	Super Jr. Girls Advanced (Red/Brown)	9
18-34	Men Advanced (Red/Brown)	2	15-17	Super Jr. Boys Advanced (Red/Brown)	9
18-34	1st Dan Men Traditional	10	15-17	Super Junior Girls Black Belt	9
18-34	2nd Dan Men Traditional	10	15-17	Super Junior Boys Black Belt	9
18-34	3rd Dan Men Traditional	10	18-34	Men Beginner (Whiten Green)	10
18-34	Master Men Traditional	8	18-34	Men Advanced (Red/Brown)	2
18-34	Women Beginner (White n Green)	10	18-34	Black Belt Lightweight (All Ranks)	TBD
18-34	Women Advanced (Red/Brown)	2	18-34	Black Belt Middleweight (All Ranks)	TBD
18-34	Women Black Belt/All Ranks	10	18-34	Black Belt Heavyweight (All Ranks)	TBD
35+	Senior Men/Women Beg (White-Green)	10	18-34	Womens Beginner (White-Green)	10
35+	Senior Advanced (Red/Brown)	2	18-34	Womens Advanced (Red/Brown)	2
35+	Senior Black Belt (1st - 3rd Dan)	9	18-34	Womens Black Belt (All Ranks)	10
35+	Senior Master Men/Women	9	35+	Senior Men Beginner (White-Green)	10
11-12	Black Belt Peewee Weapons	6	35+	Senior Women Beginner (White-Green)	10
13-14	Black Belt Junior Weapons	8	35+	Senior Men Advanced (Red/Brown)	2
15-17	Black Belt Super Junior Weapons	9	35+	Senior Women Advanced (Red/Brown)	2
18-34	Black Belt Weapons	8	35+	Senior Black Belts (All Ranks)	9
35+	Black Belt Senior Weapons	10	35+	Senior Black Belt Women (All Ranks)	9
	ORTANT NOTE: Only Traditional Forms w				

IMPORTANT NOTE: Only Traditional Forms will be permitted in the Black Belt and Advanced Divisions.

No Demonstration, Chil Sung, or Yuk Ro Forms will be allowed.



POINTS

- 1. One Point for controlled kicking techniques to the head.
- 2. One Point for all other legal techniques.

> LEGAL TECHNIQUES:

- Controlled punches to the body, face, head, and kidneys. Punches to the face and head cannot make contact.
- 2. Light to moderate body contact.
- Sweeping to the front leg (not against the joint) is allowed for Black Belt aduts only, immediately followed by a punch or kick.
- 4. Controlled back fist and ridge-hand techniques allowed to legal target areas.

> ILLEGAL TECHNIOUES:

- 1. Uncontrolled techniques, blind techniques, ripping or gouging techniques.
- 2. Head butting, finger jabs, and strikes to the throat.

> FOULS:

- 1. Techniques thrown to the groin, back of the head, spine, joints, and shins.
- 2. Excessive holding or grabbing: No more than one second.
- 3. Persistent running out of the ring to escape attack or stall.
- 4. Coaching from the sidelines.
- 5. All Fouls that cause swelling, bleeding, facial discoloration, or prevents injured contestant from continuing will result in disqualification.

> CONTACT:

- 1. Contact is not allowed to the head or face area.
- 2. Headgear must be worn at all times during freesparring.
- 3. Any deliberate or incidental contact that causes swelling, bleeding, facial discoloration, or prevents the injured contestant from continuing will result in disqualification.

> PENALTY PROCEDURES:

- 1. Only two judges are needed to make the call for contacts or fouls.
- 2. The first contact will result in a warning.
- 3. The second contact will result in disqualification.
- 4. The first foul will result in a warning.
- 5. The second foul of the same nature will result in disqualification.
- 6. The third foul of any kind will result in disqualification.

2020 Delaware County Karate Championships

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From 202 South:

Take Route 202 South to the Route 1 Intersection (Painter's Crossing). Make a left onto Baltimore Pike/Route 1 and follow for one mile. Turn right onto 322 East/Conchester Highway and follow for 4.3 miles. Turn left onto Creek Parkway at light and make first right onto Furey Road Ext. Pass playground on right, make left at stop sign and follow straight to Upper Chi Rec Center parking lot. The Upper Chi Rec Center is located behind the Police Department.

From I-95 South:

Take I-95 South to Exit 3A and merge onto 322 West/Conchester Hwy toward West Chester. Follow 322 West for 3.1 miles and turn right onto Creek Parkway at light. Take first right onto Furey Road Ext. Pass playground on right and make left at stop sign. Follow straight to parking lot for Upper Chi Rec Center. The Upper Chi Rec Center is located behind the Police Department.

From I-95 North:

Take 95 North over the PA border and take exit 1 for Chichester Avenue. Turn left onto Chichester Avenue and follow for 2.6 miles. After you pass Larkin's Corner Shopping Center and Wesleyan United Church on right hand side, Furey Road will be on your left. (There is no stop light.) Turn left onto Furey Road, then make right at first stop sign. Follow straight to Upper Chi Rec Center parking lot. The Upper Chi Rec Center is located behind the Police Department.

From 476 South:

Take 476 South toward Philadelphia and follow signs for 95 South/Chester. Merge onto 95 South and take exit 3A to merge onto 322 West/Conchester Hwy toward West Chester. Follow for 3.1 miles and turn right at light on Creek Parkway. Make first right onto Furey Road Ext. Pass playground on right, make left at stop sign and follow straight to Upper Chi Rec Center parking lot. The Upper Chi Rec Center is located behind the Police Department.

From Aston/5 Points:

Take Concord Road to Fisher's Corner and bear left at light to stay on Concord Road. Turn left onto Chichester Avenue and follow for 0.8 miles. Turn right onto Furey Road (if you pass church and Larkin's Corner Shopping Center you went too far.) After turning right on Furey Road, make right at first stop sign. Follow straight to parking lot for Upper Chi Rec Center. The Upper Chi Rec Center is located behind the Police Department.

Drive safely and thank you for your support!

2020 Delaware County Karate Championships Application & Release Form

April 4, 2020

(First Name)	_ (Last Name)				
(Address)					
(Date of Birth)	_(Age)	(Weight)	lbs.		
 () Individual Form/Hyung () Individual Free Fighting () Individual Weapons (Rank)	Check Payal Write Instru	00 One or More Events ble to: AMKOR KARA ctor's Name in Memo lin	ne.		
(Instructor) (School or Affiliation)					
Amateur Athletic Release of Liability In consideration of being allowed to participate in any way in the 2020 Delaware County Karate Championships the undersigned or the parent or guardian of a minor child participant:					
 Agrees to inspect, prior to participating, the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately withdraw from the competition and refuse to participate. Acknowledges and fully understands that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their actions, inactions, or negligence, but the actions, inactions, or negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. Assume all the forgoing risk and accept personal responsibility for the damages following such as injury, permanent disability, or death. Release, waive, discharge, and covenant not to sue the Upper Chichester Rec Center, its officers, the AmKor Karate Institutes, its affiliated clubs, or the officials, instructors, sponsors, or other participants, all of which are hereinafter referred to as "releasees," from any all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses, or damages on account of injury, including death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees otherwise. WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY. 					

Signature of Participant or Guardian if under 18 Years Old

Date